



Stewart Air National Guard Base C5K

**IF YOU DO NOT HAVE A MILITARY ID,
YOU MUST SEND A COPY OF YOUR DRIVERS LICENSE**

The New York National Guard Family Readiness Council was created to provide financial assistance to members of the Army National Guard, Air National Guard, Naval Militia, and New York Guard, whose immediate families experience hardships during the Service Member's period of deployment for Iraqi Freedom, Enduring Freedom, and Homeland Defense Missions.

By competing in our event you are helping the families of your "Hometown Heroes" deal with the impact of long deployments, while improving your physical fitness and having a lot of fun.

Electronic Timing by Fast Finishes

- Refreshments provided
- Ceremony for 5K Run
- Special Awards 1st, 2nd, 3rd Place
- Top male and female overall
- Age Group Divisions
- 12 & under, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59,
- 60 & over (no duplication of awards)
- Day of Race/ Packet Pick Up**
- 7:30 to 8:45 am**

SUBMIT RACE APPLICATION AND FEE TO:

**STEWART AIR NATIONAL GUARD BASE
ONE MAGUIRE WAY
NEWBURGH, NY 12550-5075**
Checks Payable to: 105th Family Readiness
Must be received by June 18, 2009
If you do not have a military id,
you must submit a copy of your drivers license.
For Information Call; 845 -563-2204

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 LAST NAME MI FIRST NAME GENDER

MAILING ADDRESS

CITY STATE ZIP CODE

EMAIL ADDRESS AGE ON RACE DAY

DAY PHONE EVENING PHONE

REGISTRATION FEES 5k: INDIVIDUAL: \$20.00

**FIRST 250 CONTESTANTS WILL
RECEIVE A FREE T-SHIRT**

T-SHIRT SIZE __XL __LG __MED __SM

In consideration of this entry being accepted, I hereby for myself, my heirs, executors, successors, and administrators waive any and all rights and claims for damages I may have against The New York National Guard race committee members, race officials and any and all sponsors and the directors, Officers, employees and agents of such parties, their representatives, successors, and assigns even though those liabilities may arise from negligence or carelessness on the part of persons named in this waiver. I acknowledge and accept all the risks inherent in participating in a Road Race. Further, I hereby grant full permission to any of the foregoing to use any photo, videotape, or any record of this event for any legitimate purpose.

Signature: _____

Date: _____

Members of minor age must have the consent of a parent/legal guardian
 Parent/Guardian Signature: _____

Date: _____



Come Take A Tour Of The C5 Aircraft After Race And Refreshments