

4th Annual Orange Runners Club Walk Party

Saturday July 17, 2010

9:45 a.m.

Start at Fancher-Davidge Park
Lake Avenue, Middletown, NY

Brunch served after walk



CALLING ALL WALKERS TO JOIN IN THE FUN! The Orange Runners Club is sponsoring the fourth annual ALL-WALKING EVENT! Runners are welcome...*provided they slow it down and enjoy the view!*

Keepsake souvenir provided to all participants!

The 2.5 mile course begins and ends in beautiful Fancher-Davidge Park, and will provide a healthy warm-up to a hearty brunch! Learn more about the benefits of healthful walking and the Orange Runners Club community. Fun for the whole family, with music provided by Sarah Morr.

Entry Fee: \$13 postmarked by July 10th
\$18 thereafter & day of walk

Make Checks Payable to:
"Orange Runners Club"

Name: _____ c/o Carolyn Negrycz
Address _____ 361 Heritage Lane
City _____ Monroe, NY 10950
State, Zip _____ Age on event day _____
e-mail _____ Female: _____ Male: _____
Phone: _____

Contacts for info: Joe Marchesano 845-774-7705 email mobilityjo@gmail.com
Carolyn Negrycz email tigerlily1030@gmail.com

I, the undersigned, hereby affirm that I have full knowledge that there are risks associated with walking the 2.5 mile course of the Orange Runners Club Walk Party, and am sufficiently conditioned to participate in this event. I recognize that the inherent risks are attributable to various factors including, but not limited to, man-made and natural obstacles and hazards, surface conditions and conduct of myself and other participants. I hereby release and forever discharge any and all rights and claims for damages which may be sustained or suffered by me against all sponsors, directors and supporters.

Signature: _____ Date: _____

Parent Signature (if under 18): _____

Directions: Route 211 West to Lake Avenue, turn right (turn left if coming on Route 211 East. Follow Lake Avenue all the way into the park. Pavilions are in the back, past the lake.