



Orange Runner's Club Bull Run 5K
Saturday September 20, 2008
10:00 a.m. Thomas Bull Memorial Park
 5K Race in conjunction with the 25th Annual
 Orange County Senior Games



Special 1 Mile Walk for Seniors Only to commemorate the 25th
Anniversary of the Senior Games at 9:30 a.m.

The race will be run entirely within Thomas Bull Memorial Park, Montgomery, NY
 Proceeds go to the Senior Games.

Separate application required for Senior Games participation. Enroll in the Senior Games & receive a special Senior Games shirt. For information on the 25th Annual Senior Games or to enroll please contact The Orange County Parks Department (845) 457-4910

Awards Presented To:			
Top 3 overall male & female runners		Top 3 overall male & female walkers	
Top 3 male & female in the following age groups			
15 & under	30 - 39	55 - 59	70 - 74
16 - 19	40 - 49	60 - 64	75 - 79
20 - 29	50 - 54	65 - 69	80 - 84
			85 & Over

Awards for age groups 55 and over are presented by the Senior Games (**need not enroll in Senior Games to qualify for 55 and over age group awards**).

Separate overall male & female awards (first place only) will also be presented by the Senior Games (**must be enrolled in the Senior Games to qualify**).

There will be no duplication of awards, with the exception of the separate special overall male & female first place awards presented by the Senior Games.

Volunteer in any way for the Bull Run & receive a \$5 discount on registration

Entry Fee: \$17 preregistered (\$15 ORC, SS, RRC members) \$22 day of race (\$20 ORC, SS, RRC members)	Make Checks Payable to: "Orange Runners Club" Mail to: Joe Marchesano 513 Silver Maples Dr. Harriman, NY 10926
Name: _____ Address _____ City _____ State, Zip _____ e-mail _____ Phone: _____	Birth Date _____ Age on event day _____ Female: _____ Male: _____
Contact for Bull Run Info: Art Ahr (845) 469-1281 or mobilityjo@gmail.com	

I, the undersigned, hereby affirm that I have full knowledge that there are risks associated with running the 3.1 mile course of the Orange Runners Club Bull Run, and am sufficiently conditioned to participate in this event. I recognize that the inherent risks are attributable to various factors including, but not limited to, man-made and natural obstacles and hazards, surface conditions and conduct of myself and other participants. I hereby release and forever discharge any and all rights and claims for damages which may be sustained or suffered by me against all sponsors, directors and supporters.

Signature: _____ Date: _____

Parent Signature (if under 18): _____