

CORNWALL LIONS CLUB  
1<sup>st</sup> ANNUAL

FALL HARVEST 5K RACE

Sunday November 9, 2008 1:00 p.m.

**AWARDS** will be given to the top overall male and female, to the top three in each age group, and to the top three walkers.

**AGE GROUPS:** 11-14; 15-18; 19-29; 30-39; 40-49; 50-59; 60-69; 70 & over.

**REGISTRATION:** The first 150 applicants will receive a custom designed shirt.  
**Applications to be postmarked by October 31, 2008.** Race day registration and packet will be available at Storm King Engine Firehouse, Hudson St., Cornwall-on-Hudson, NY.

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**ENTRY FEE:** 5K Run or Walk  
**Kids to 18:** \$15 pre-registered / \$18 day of race  
**Adults:** \$20 pre-registered / \$24 day of race  
**Family Special:** \$50 maximum for families of 3 or more

**CHECKS TO:** CORNWALL LIONS CLUB

**MAIL TO:** Jackie Gaillard  
37 Duncan Avenue, Cornwall-On-Hudson, NY 12520

**RACE CONTACT:** Jackie Gaillard 845-534-4575  
Email: [jackiegallard@aol.com](mailto:jackiegallard@aol.com)

**DIRECTIONS:** Storm King Firehouse (across from COH Elementary School)  
201 Hudson Street, Cornwall-On-Hudson, NY 12520

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**APPLICATION (Must be postmarked by October 31, 2008)**

Name (last,first): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Age as of 11/9/08: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_ Family Package: \_\_\_\_\_ Y \_\_\_\_\_ N

\_\_\_\_\_ Runner \_\_\_\_\_ Walker \_\_\_\_\_ Male \_\_\_\_\_ Female Shirt Size: \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL

**Liability Release:** In consideration of the acceptance of my entry into the Fall Harvest 5K Race, I the UNDERSIGNED, intending to be legally bound hereby waive and release for myself, my heirs, executors and administrators any and all rights and claims for damages, demands and any other action whatsoever which I may have against Cornwall Lions Club, Storm King Engine Co. #2 and the Village of Cornwall on Hudson, their representatives, employees and other sponsors or volunteers associated with this road race.

I attest and verify that I am physically fit and have sufficiently trained for the completion of the race. I shall abide by all decisions of the race officials as final. I hereby grant full permission to any and all of the foregoing to use photographs, videotapes, motion pictures, recordings or any other record of this event for legitimate purposes.

Signature \_\_\_\_\_ Date \_\_\_\_\_