



JINGLE JOG 2015

7K RACE



December 13, 2015 • 10:00AM Start

Starts at Middletown Elks Lodge #1097 • Highland Avenue • Middletown, NY 10940

REGISTRATION

(Race day – 8:00 – 9:30)

Runners and walkers pre-registered by December 1, 2015 \$20 for ORC and SS members

* \$22 for non-members * **After December 1st: \$25 Walkers and early starters start at 9:45 a.m.**

Walkers and early starter ARE NOT eligible for awards.

First 100 registered runners receive long sleeved dri-fit shirt.

After December 1st shirt size is not guaranteed.

Holiday theme – costumes are encouraged!!

AWARDS

Top 3 overall; 19 and under; 20-29; 30-39; 40-49;

50-59; 60-69; 70 and above.

FOR MORE INFORMATION:

E-mail: George & Joanne Shurter

jshurter@hvc.rr.com

Awards will be given out & food provided at the Middletown Elks Lodge following completion of the race.

A DONATION OF AN UNWRAPPED TOY/GIFT FOR UNDERPRIVELEGED CHILDREN IS APPRECIATED

JINGLE JOG 2015 REGISTRATION

Please make checks payable to: ORANGE RUNNERS CLUB and mail to:
ORC c/o George Shurter • 102 Schoolhouse Road • Middletown, NY 10940

Name: (First) _____ (Last) _____

Address: _____ City: _____

State: _____ Zip: _____ Age on December 13th: _____

Phone: _____ Email: _____

Male Female ORC Member SS Member Walker/Early Starter

Shirt Size/Male - Small Medium Large X-Large XX - Large

Shirt Size/Female - Small Medium Large X-Large

WAIVER: I know that running and volunteering to work in a road race are potentially hazardous activities. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effect of the weather including: high winds, cold temperatures, humidity, traffic and the condition of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals and radio headsets are not allowed in the race, and I will abide by this guideline. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Orange Runners Club, Inc., the USATF and its officers and agents, all race sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in the event even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: _____ Date: _____

Parent/Guardian's Signature if under 18: _____