

## All the Basics

**Beneficiary:** All monies raised by the Turkey Trot benefit the Family of New Paltz Food Pantry. Family provides the community with a food pantry, 24 hour hot-line, counseling, support groups & shelters.

### Schedule:

Wednesday, Nov. 26th:

Rock & Snow, 44 Main St. New Paltz  
Pre-packet pick-up & registration from 12pm-5pm

Thursday, Nov. 27th:

Water Street Market, Rte 299, New Paltz, NY  
8:00am Registration & packet pick-up  
9:00am Mashed Potato Kids 1/4 Mile & 1/2 Mile Fun Runs (10yrs & younger)  
9:30am Turkey Trot 5K, Fun Run & Walk  
10:30am Awards Ceremony (approx. time)

### 5K Entry Fees:

BY NOV. 26th at 5:00pm:

18 yrs and under; seniors 65+	\$10
19 - 64 yrs	\$15

ON NOV. 27th (Event Day):

18 yrs and under; seniors 65+	\$12
19 - 64 yrs	\$17

GROUP DISCOUNT BY NOV. 13th at 5pm:

Groups of six or more	\$13 each
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NOTE: all forms must be received together (one envelope) by above deadline

\*Registration is available at [www.active.com](http://www.active.com) for an additional fee.

**T-Shirts:** All entries received BY NOV. 13th at 5pm will receive one free commemorative t-shirt.

### NEW FOR 2008:

-Commemorative Turkey Trot pint glasses & performance running shirts are available for purchase to those whose registrations are received by Nov. 13th at 5pm.  
-Mashed Potato Kids 1/4 Mile & 1/2 Mile Fun Runs (no registration necessary)  
-Drawing for Garmin Nuvi 200 Auto GPS: All registrations received by November 13th are eligible  
-Best Costume Award- Come dressed for the event!

**Questions:** visit [www.newpaltzturkeytrot.com](http://www.newpaltzturkeytrot.com); email [turkeytrot@gmail.com](mailto:turkeytrot@gmail.com).

## Family of New Paltz 5K Turkey Trot Race, Fun Run & Walk Application

Please fill out the form below and return it with a check or credit card information to:

**Family of New Paltz,  
51 North Chestnut Street  
New Paltz, NY 12561**

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Race Day Age \_\_\_\_\_

Phone Number \_\_\_\_\_

Mailing Address \_\_\_\_\_

Email Address \_\_\_\_\_

### Fee Details:

Registration Fee: \$ \_\_\_\_\_

Add'l. Donation: \$ \_\_\_\_\_

### Available for registrations received by Nov. 13th:

Free Event t-shirt-Circle size: S M L XL or youth S M L

Purchase Add'l. t-shirts (\$10 each) Total: \$ \_\_\_\_\_

Quantity: \_\_\_\_\_ Size(s): \_\_\_\_\_

5th Annual Turkey Trot performance running shirt

Sizes available: Male M L XL or Women's: S M L XL

(\$17 each) Total: \$ \_\_\_\_\_

Quantity: \_\_\_\_\_ Size(s): \_\_\_\_\_

5th Annual Turkey Trot pint glass:

(\$7 each) Total: \$ \_\_\_\_\_ Quantity \_\_\_\_\_

Total: \$ \_\_\_\_\_

If paying by credit card:

Visa \_\_\_\_\_ MC \_\_\_\_\_

Name as it appears on card:

Credit card number: \_\_\_\_\_

Expiration date: \_\_\_\_\_ Security code: \_\_\_\_\_

**Waiver:** I know that participating in the Family of New Paltz 5K Turkey Trot is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I am voluntarily entering and assume all risks associated with participating in the event, including, but not limited to, falls, contact with vehicles, other participants, spectators, wildlife or others, the effect of weather, including high heat, extreme cold and/or humidity, traffic and conditions of the road, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself, my child and anyone entitled to act on my behalf, waive and release race directors and volunteers, the Family of New Paltz, the Wallkill Valley Rail Trail Association, and the Town and Village of New Paltz, from all liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of any persons or organizations named in this waiver. I understand that dogs, bicycles, skateboards, inline skates and radio headsets are not allowed in the race and I will abide this rule.

Signature \_\_\_\_\_

Signature of Parent or Guardian if Under 18 \_\_\_\_\_

Date \_\_\_\_\_

**RESULTS - The Turkey Trot is a self-timed event; the order of runners/walkers will be noted as you cross the finish line; results will be available on the website & sent via email to those that provide an email address.**

**AWARDS -Awards for overall male and female winners as well as standard age categories are donated by local businesses. All Mashed Potato participants will receive a prize.**



Illustrations: Mary Conolly  
Design: Marina Bekkerman  
& Jazmine Cunningham