



2nd Annual Hudson Valley 15K Road Race

Blooming Grove, NY
April 11, 2010

9:00 am

Early Start 8:30 am

Proud Member of the
Hudson Valley Grand Prix
and King & Queen of the
Mountain Series



Registration & post race lunch takes place
at Bella Luna Restaurant, Fieldstone
Square, Route 94, Blooming Grove, NY

All sponsorship
proceeds to benefit
the Food Bank of the
Hudson Valley



Application Fees:

\$25 pre-registered by **Apr 6**,
\$22 for ORC members

\$28 on race day, \$25 for
ORC members

Awards presented to top 3 overall
male and female as well as
top three in the following age groups,
19 and under, 20-29, 30-39; 40-49;
50-59, 60-69, 70+
Shirts guaranteed to first 250
pre-registered runners

For more information call:

John Finnigan (845) 496-1578
jfinnigan@hvc.rr.com

OR

Steve Brockett

sbrocket@courts.state.ny.us

Directions

From the northwest and west:

Route 17 East to Chester. Then State Route
94 East toward Washingtonville, approx. 5.5
miles east of Chester.

From the north:

State Route 208 South to Washingtonville.
Then Route 94 West 2.5 miles.

From the east:

State Route 94 East through Washingtonville,
2 miles east of the village

From the south:

Route 17 West to Monroe / State Route 208.
Route 208 north approx. 4 miles to Round Hill
Rd. Left onto Round Hill to end. Right onto
State Route 94 approx 0.3 miles

Please make checks payable to
Orange Runners Club

and mail to:

HV15K c/o John Finnigan, 309 Beattie
Road, Washingtonville, NY 10992

2nd Annual Hudson Valley 15K

Male Female

Name (First): _____ Last: _____ Age on 4/11/10: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone #: _____ e-mail address: _____ @ _____

ORC Member HVGP Participant Amount Enclosed: _____ Shirt Size: S M L XL

WAIVER: I know that running a road race is a are potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safety complete the run. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effect of the weather, including high winds, cold temperatures, humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals, and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself, waive and release the Orange Runners Club, Inc., its officers and agents, the County of Orange, the towns of Blooming Grove and Goshen, the State of New York, all sponsors their representatives and successors, including employees, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: _____ Date: _____

Parent Signature (if under 18): _____