



## ORANGE RUNNERS CLUB JANUARY GENERAL MEETING MINUTES

Location: Old Erie Pub & Grill – Middletown, NY  
Date & Time: January 4, 2012 7:30 p.m.

The meeting began at 8 p.m. Ed welcomed the group and started the meeting by introducing the club officers. VP's are Dave Madden, returning, Dave Badolato and Brian Baird. He thanked Kristin Matson & Joe Marchesano for their service in 2011.

### VARIOUS:

Brian Baird announced that he is conducting a call in conference on Wednesday evening, subject is breaking the addiction to carbs.

New attendee – Sandra Z, who is new to the club & found us through the ORC website.

Treasurer's Report – George advises a balance of \$2,840 at the end of 2011. Everyone is encouraged to renew their memberships soon; this is a major income source for our club.

Newsletter - Patti Insignares is looking, as always, for articles, pictures, shoutouts, small pieces of content for our newsletter. They don't have to be long articles; short pieces are welcome, and easier to write up as well.

Shoutouts – Ed is hoping to get a volunteer who can gather this sort of information about our members and their achievements, to share with the club. Anyone interested please let him know.

Race Ideas – these are also welcome. Todd Jennings spoke about an idea for a Pi race (fittingly to be held on 3-14). It would be a Wednesday night, probably at the track or instead of track. And there would be PIE involved of course. Details to follow.

Hudson Valley 15K is adding a 5K distance. The proceeds from that will go to the Hudson Valley Food Bank. The Food Bank has thanked us for the Jingle Jog donations we were able to make.

Photo of the month – winner is Fran Pantano, with a picture taken of the shadow cast when running with her dog.

Race of the Month – ORC Winter Series – 80 people already preregistered. Bill advised that volunteers have been plentiful & that they have sponsorship as well. The course will be reversed & it has been modified to be closer to a standard 5K distance (it is now slightly longer). All the sponsors were acknowledged & thanked – the price has remained the same as last year.

Track – Ed made a presentation to Bill Schneider to thank him for his great leadership at the track workouts. The club presented him with a pair of his running shoes. Bill thanked all the volunteers & participants.

Another idea is to look for a monthly race from someone's home, which is done informally of course, but any volunteers who have a course or two available from their home, please advise.

Speaker of the Month – Todd Jennings- Ed started by thanking Todd for all his help when Ed became club president.

Building on Todd's extensive trail running experience, having run all the marked/maintained trails in Harriman State Park last year, he has come up with a new idea. About 5 months ago he began pursuing the thought of running the length of the Hudson River, being a native New Yorker, and an avid trail runner.

The Hudson starts up high on Mount Marcy, which is the highest peak in the state. Todd is partnering with the Clearwater foundation, which will be the beneficiary of any funds raised. In his presentation we learned that the upper Hudson is fresh water, below Albany it becomes more tidal estuary, and the water is brackish.

Todd's main focus is to run with a purpose, and the progress made on the Hudson River since 1966 when Pete Seeger started the Clearwater foundation is quite amazing. The Clearwater sloop is the symbol/logo that will be used.

Todd is seeking corporate sponsorship as well as grass roots sponsorship to raise money for the Clearwater. More details will follow on this run which is set to take place May 12- 19<sup>th</sup>, with a celebration party on the 20<sup>th</sup>. Frederick will be along with Todd to photograph and document the journey down the river. The legs are currently set at 27 miles, 30, 45, 45, 43, 46, 49 and 32 on successive days. The club will be supporting him along the run, and more information as well as press release and web info will be made available to us.

Next month's meeting will be on February 1<sup>st</sup> usual time & place.