



ORANGE RUNNERS CLUB OCTOBER 2011 GENERAL MEETING MINUTES

Location: Old Erie Pub & Grill – Middletown, NY
Date & Time: October 5, 2011 7:30 p.m.

The business meeting began at 8 p.m. Ed welcomed the group & as there was no special guest speaker, we moved right to mention of area races and events.

Race of the Month

Orange County Citizens sponsored – 5K Run/Walk for the Heritage Trail. Saturday October 15, 9 a.m. Applications available here at the meeting. The race is to support and expand the available of trails, and takes place predominantly on the Heritage Trail.

Other Events/announcements

Sullivan Striders – a group is being set up to go to a blood & platelet drive for a local young man coping with cancer. This is taking place in New York City, and a reservation is needed. Ed O'Connell has the info & anyone interested should see him for details, possibly a carpool will be set up.

Website – a new resource to be set up, free link to useful information – Running in Cold Weather. This will be a trial preview, which Dane will be reviewing and advising on.

Facebook – please become a fan of our ORC FB page, if you are a Facebook participant. You will have access to current events, and become more up to date with what's happening with our club & members. If anything should be added to it, please contact Dave Madden or Kristin Matson.

Run4 Downtown Update – Dave advises that the park is under construction, things are going very well, and the new staircase which was the specific current project is well underway.

Celebrate Life Halfmarathon fundraiser – on October 30th we have the opportunity to support the cause and have dinner at Ruby Tuesdays (Middletown mall). Details and forms are available at the tables, provided by Kristin, representing Myriam Loor, race director.

Membership – Valerie reported on our membership numbers, and we welcomed a new Member, Enrico, who relocated from Chicago recently.

Website/Photo of the Month – this is a new feature, and this month's winner is Phil Peelor, with a photo from the Winter Series that really captures the spirit of the event. Phil wins free buffet dinner at our meeting tonight. Send any running photos to Dane, and they will be reviewed & voted on for next month's contest.

Walk Party – belated thank you's were made by Carolyn Negrycz for herself and Joe Marchesano, for all the support provided by volunteers. We look forward to expanding this effort next year and increasing our participation.

Shout Outs – Ed asked us all to be sure to keep them coming & that they don't have to be only about running – we want to recognize our members' achievements in all areas.

Newsletter – As always, contributions are the key to the newsletter, and they can be difficult to come by for the editor. The newsletter may be evolving into an electronic version, and the style

could change. We are looking to use it as a tool for recruiting more members, as well as getting our current ones to contribute and take a more active role at our events. More details will be following as the newsletter evolves. There is discussion as to whether access should be free to all, or only members. There are options, which Dane, as websmaster, will be looking into. When/if the newsletter goes electronic, it can be printed from the website. There would be considerable savings in printing and postage by going this route.

Cross Country Summer Series – George Shurter will be setting this up for summer – the target group is younger runners who would be interested vs track & field workouts. The races would be at twilight, 4 races are planned. There will be an open division with 5K distance, as well as 1.5 mile open. It will be in Orange County, at various schools, weeknights. More details to follow.

Next year the Classic weekend and Ruthie Dino are flipped, due to scheduling conflict, but more detail will follow in plenty of time to be ready for both.

ORC Club Race – the Jingle Jog on December 4th. This will be held at the usual course in Salisbury Mills, and if the local firehouse has been repaired after the flooding, we will use their facility, with Loughran's still providing the excellent food. Dave will be providing updates at the next meeting, but promises that the giveaway will be most awesome, so don't miss it!

New members were welcomed. Bob Nordman told about his recent marathon experience in Montana, where a woman came in first overall, and he utilized the Galloway technique, and people actually thought he WAS Jeff Galloway.

Bill Schneider reported that track season is ending soon due to the time change, but that it has been a great season. He also thanked the volunteers who helped at the recent Run for Recovery, which benefits the Richard C. Ward Center.

Wrap Up – Ed advised that as always, volunteers are key to our club's success, and reminded all that elections are approaching soon. More details will follow at the next meeting.