

Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
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Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
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Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
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October 29, 2023, Sunday	October 27, 2023, Friday			
	October 28, 2023, Saturday			
October 30, 2023, Monday	October 29, 2023, Sunday			
	October 30, 2023, Monday			
October 31, 2023, Tuesday	October 31, 2023, Tuesday			

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Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
November 01, 2023, Wednesday			
November 02, 2023, Thursday			
November 03, 2023, Friday			
November 04, 2023, Saturday			
November 05, 2023, Sunday			
November 06, 2023, Monday			
November 07, 2023, Tuesday			
November 08, 2023, Wednesday			
November 09, 2023, Thursday			
November 10, 2023, Friday			
November 11, 2023, Saturday			
November 12, 2023, Sunday			
November 13, 2023, Monday			
November 14, 2023, Tuesday			
November 15, 2023, Wednesday			
November 16, 2023, Thursday			
November 17, 2023, Friday			
November 18, 2023, Saturday			
November 19, 2023, Sunday			
November 20, 2023, Monday			
November 21, 2023, Tuesday			
November 22, 2023, Wednesday			
November 23, 2023, Thursday			
November 24, 2023, Friday			
November 25, 2023, Saturday			
November 26, 2023, Sunday			
November 27, 2023, Monday			
November 28, 2023, Tuesday			
November 29, 2023, Wednesday			
November 30, 2023, Thursday			
December 01, 2023, Friday			
December 02, 2023, Saturday			
December 03, 2023, Sunday			
December 04, 2023, Monday			
December 05, 2023, Tuesday			
December 06, 2023, Wednesday			
December 07, 2023, Thursday			
December 08, 2023, Friday			
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Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
December 09, 2023, Saturday			
December 10, 2023, Sunday			
December 11, 2023, Monday			
December 12, 2023, Tuesday			
December 13, 2023, Wednesday			
December 14, 2023, Thursday			
December 15, 2023, Friday			
December 16, 2023, Saturday			
December 17, 2023, Sunday			
December 18, 2023, Monday			
December 19, 2023, Tuesday			
December 20, 2023, Wednesday			
December 21, 2023, Thursday			
December 22, 2023, Friday			
December 23, 2023, Saturday			
December 24, 2023, Sunday			
December 25, 2023, Monday			
December 26, 2023, Tuesday			
December 27, 2023, Wednesday			
December 28, 2023, Thursday			
December 29, 2023, Friday			
December 30, 2023, Saturday			
December 31, 2023, Sunday			
January 01, 2024, Monday			

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