

Training Log 2026



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
January 01, 2026, Thursday			
January 02, 2026, Friday			
January 03, 2026, Saturday			
January 04, 2026, Sunday			
January 05, 2026, Monday			
January 06, 2026, Tuesday			
January 07, 2026, Wednesday			
January 08, 2026, Thursday			
January 09, 2026, Friday			
January 10, 2026, Saturday			
January 11, 2026, Sunday			
January 12, 2026, Monday			
January 13, 2026, Tuesday			
January 14, 2026, Wednesday			
January 15, 2026, Thursday			
January 16, 2026, Friday			
January 17, 2026, Saturday			
January 18, 2026, Sunday			
January 19, 2026, Monday			
January 20, 2026, Tuesday			
January 21, 2026, Wednesday			
January 22, 2026, Thursday			
January 23, 2026, Friday			
January 24, 2026, Saturday			
January 25, 2026, Sunday			
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January 27, 2026, Tuesday			
January 28, 2026, Wednesday			
January 29, 2026, Thursday			
January 30, 2026, Friday			
January 31, 2026, Saturday			
February 01, 2026, Sunday			
February 02, 2026, Monday			
February 03, 2026, Tuesday			
February 04, 2026, Wednesday			
February 05, 2026, Thursday			
February 06, 2026, Friday			
February 07, 2026, Saturday			

Training Log 2026



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
February 08, 2026, Sunday			
February 09, 2026, Monday			
February 10, 2026, Tuesday			
February 11, 2026, Wednesday			
February 12, 2026, Thursday			
February 13, 2026, Friday			
February 14, 2026, Saturday			
February 15, 2026, Sunday			
February 16, 2026, Monday			
February 17, 2026, Tuesday			
February 18, 2026, Wednesday			
February 19, 2026, Thursday			
February 20, 2026, Friday			
February 21, 2026, Saturday			
February 22, 2026, Sunday			
February 23, 2026, Monday			
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February 25, 2026, Wednesday			
February 26, 2026, Thursday			
February 27, 2026, Friday			
February 28, 2026, Saturday			
March 01, 2026, Sunday			
March 02, 2026, Monday			
March 03, 2026, Tuesday			
March 04, 2026, Wednesday			
March 05, 2026, Thursday			
March 06, 2026, Friday			
March 07, 2026, Saturday			
March 08, 2026, Sunday			
March 09, 2026, Monday			
March 10, 2026, Tuesday			
March 11, 2026, Wednesday			
March 12, 2026, Thursday			
March 13, 2026, Friday			
March 14, 2026, Saturday			
March 15, 2026, Sunday			
March 16, 2026, Monday			
March 17, 2026, Tuesday			

Training Log 2026



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
March 18, 2026, Wednesday			
March 19, 2026, Thursday			
March 20, 2026, Friday			
March 21, 2026, Saturday			
March 22, 2026, Sunday			
March 23, 2026, Monday			
March 24, 2026, Tuesday			
March 25, 2026, Wednesday			
March 26, 2026, Thursday			
March 27, 2026, Friday			
March 28, 2026, Saturday			
March 29, 2026, Sunday			
March 30, 2026, Monday			
March 31, 2026, Tuesday			
April 01, 2026, Wednesday			
April 02, 2026, Thursday			
April 03, 2026, Friday			
April 04, 2026, Saturday			
April 05, 2026, Sunday			
April 06, 2026, Monday			
April 07, 2026, Tuesday			
April 08, 2026, Wednesday			
April 09, 2026, Thursday			
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April 11, 2026, Saturday			
April 12, 2026, Sunday			
April 13, 2026, Monday			
April 14, 2026, Tuesday			
April 15, 2026, Wednesday			
April 16, 2026, Thursday			
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April 18, 2026, Saturday			
April 19, 2026, Sunday			
April 20, 2026, Monday			
April 21, 2026, Tuesday			
April 22, 2026, Wednesday			
April 23, 2026, Thursday			
April 24, 2026, Friday			

Training Log 2026



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
April 25, 2026, Saturday			
April 26, 2026, Sunday			
April 27, 2026, Monday			
April 28, 2026, Tuesday			
April 29, 2026, Wednesday			
April 30, 2026, Thursday			
May 01, 2026, Friday			
May 02, 2026, Saturday			
May 03, 2026, Sunday			
May 04, 2026, Monday			
May 05, 2026, Tuesday			
May 06, 2026, Wednesday			
May 07, 2026, Thursday			
May 08, 2026, Friday			
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May 25, 2026, Monday			
May 26, 2026, Tuesday			
May 27, 2026, Wednesday			
May 28, 2026, Thursday			
May 29, 2026, Friday			
May 30, 2026, Saturday			
May 31, 2026, Sunday			
June 01, 2026, Monday			

Training Log 2026



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
June 02, 2026, Tuesday			
June 03, 2026, Wednesday			
June 04, 2026, Thursday			
June 05, 2026, Friday			
June 06, 2026, Saturday			
June 07, 2026, Sunday			
June 08, 2026, Monday			
June 09, 2026, Tuesday			
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June 11, 2026, Thursday			
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July 01, 2026, Wednesday			
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July 07, 2026, Tuesday			
July 08, 2026, Wednesday			
July 09, 2026, Thursday			

Training Log 2026



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
July 10, 2026, Friday			
July 11, 2026, Saturday			
July 12, 2026, Sunday			
July 13, 2026, Monday			
July 14, 2026, Tuesday			
July 15, 2026, Wednesday			
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August 12, 2026, Wednesday			
August 13, 2026, Thursday			
August 14, 2026, Friday			
August 15, 2026, Saturday			
August 16, 2026, Sunday			

Training Log 2026



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
August 17, 2026, Monday			
August 18, 2026, Tuesday			
August 19, 2026, Wednesday			
August 20, 2026, Thursday			
August 21, 2026, Friday			
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September 22, 2026, Tuesday			
September 23, 2026, Wednesday			

Training Log 2026



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
September 24, 2026, Thursday			
September 25, 2026, Friday			
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October 30, 2026, Friday			
October 31, 2026, Saturday			

Training Log 2026



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
November 01, 2026, Sunday			
November 02, 2026, Monday			
November 03, 2026, Tuesday			
November 04, 2026, Wednesday			
November 05, 2026, Thursday			
November 06, 2026, Friday			
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December 04, 2026, Friday			
December 05, 2026, Saturday			
December 06, 2026, Sunday			
December 07, 2026, Monday			
December 08, 2026, Tuesday			

Training Log 2026



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
December 09, 2026, Wednesday			
December 10, 2026, Thursday			
December 11, 2026, Friday			
December 12, 2026, Saturday			
December 13, 2026, Sunday			
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December 31, 2026, Thursday			
January 01, 2027, Friday			