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Monroe, NY Ultrarunner Charts Epic Journey down Hudson

315-mile run this May to raise awareness and funding for
Hudson River Sloop Clearwater

January 9, 2012, New York – Combining two of his greatest loves, ultrarunning and the Hudson River, Todd Jennings, 49, of Monroe, NY, plans to run the full length of New York's historic waterway this May. Jennings is running to raise money for the Hudson River Sloop Clearwater, an advocate for the Hudson and a vital participant in the protection of New York's most prominent river and its watersheds.

The run will begin May 12th at Lake Tear of the Clouds, on the face of Mt. Marcy (New York's highest peak), and will finish at The Battery in New York City. The 315-mile journey will be comprised of eight consecutive days of running, averaging almost 40 miles per day.

"I consider myself very lucky to have lived 25 of my years around the Hudson River," Jennings said. "I've enjoyed its majesty, from Adirondack peaks to watching the sun set over the Hudson while running down Manhattan's Riverside Drive. The opportunity to give back through running, a sport that the Hudson Valley has enriched so much for me, is a great privilege."

Jennings, an avid trail runner and a familiar figure in the New York City, Hudson Valley and Albany running communities, has completed more than 150 road races, including 10 marathons (26.2 miles) and five ultramarathons. In August 2011, Jennings completed his longest ultrarun ever, 43.5 miles in the Catskill Mountains.

PROJECT GOALS

Jennings created "Hudson River Run 2012" to help further Clearwater's mission, which is to protect New York's fresh water supplies, particularly rivers like the Hudson. "We're hoping that through increased awareness the community can continue to identify current and future threats to our clean water supplies, and empower people to create new programs aimed at minimizing future contamination," he said.

All net proceeds from donations will go directly to fund ongoing operations and new initiatives of Hudson River Sloop Clearwater, Inc. Funds will be raised through 1) individual "per-mile" sponsorships, 2) fundraising events created in association with the run, and 3) corporate and private charitable contributions. "We believe we can raise at least \$50,000 near-term, but would love to set our sights on \$100,000 before the run is completed," Jennings said.

Said Jeff Rumpf, Clearwater’s Executive Director, “Todd is an inspiration to us. Running the length of our great Hudson River is the spirit and love we need to protect and restore her. The Hudson -- America’s most influential river -- is our natural, cultural and economic center. Todd’s run will bring awareness and focus to this asset and will raise funds to support Clearwater’s work building a new generation of environmental leaders for a sustainable future.”

Anyone can follow Jennings on his preparation and training for the Hudson River Run 2012 on [Facebook](#), and at Jennings’ popular “Into the Woods” [trail running blog](#), Todd Jennings is available for media interviews throughout the lead up to his run.

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RUN TIMELINE

Date	From	To	Distance
May 12 th	Lake Tear of the Clouds	Newcomb	27 miles
May 13 th	Newcomb	Riparius	30 miles
May 14 th	Riparius	Glens Falls	45 miles
May 15 th	Glens Falls	Cohoes	45 miles
May 16 th	Cohoes	Catskill	43 miles
May 17 th	Catskill	Marlboro	46 miles
May 18 th	Marlboro	Nyack	49 miles
May 19 th	Nyack	The Battery, New York City	32 miles

ABOUT TODD JENNINGS

Todd Jennings is a lifelong endurance athlete and trail running advocate. He has run ten marathons (including four Boston Marathons), four 50Ks, has completed the nationally known Escarpment Trail Run six times, and is the only person ever to have run all 240 miles of marked/maintained trails in New York’s Harriman State Park in one season. He has also served three terms as president of the Orange Runners Club (Middletown, NY), and makes his home in the Lower Hudson Valley.

Through his company City View Promotions, Todd helps promote endurance events and other endurance athletes like the internationally recognized [Marshall Ulrich](#).

ABOUT HUDSON RIVER SLOOP CLEARWATER

Hudson River Sloop Clearwater, Inc. is a 501(c)3 tax exempt nonprofit, member-supported corporation whose mission is to preserve and protect the Hudson River. As an organization, Clearwater believes its innovative environmental programs, advocacy and celebrations will continue to inspire and energize the next generation of environmental leaders.

Clearwater was founded in 1966 by folk music legend Pete Seeger. To this day, it remains the most vital champion and advocate for the Hudson River, partnering with schools and community leaders to raise the bar of environmental education again, realizing that this time the health of the Hudson River must go hand in hand with creating a sustainable world of green jobs in a green economy.