

REGISTRATION FORM

Adults \$35, Child \$15

Please return this form with check payment to:

Allyson Whitney Foundation, Inc.
(to benefit the Allyson Whitney 5K)
P.O. Box 586, Rock Hill, NY 12775

Must be received by April 15, 2015
or hand deliver to Race Day Registration.

Discounted registration rate available with online registration at:
bit.ly/1CVIpx9

Adult Name (Last): _____
Adult Name (First): _____
Child 12 & under (First, Last): _____
Address: _____
City: _____ State: _____
Zip: _____ Age: _____
Phone: _____
E-mail: _____
Sex: Male Female
Birthdate: (MM/DD/YYYY) _____

Will you be running or walking in the race? _____

Team Name (if applicable): _____
Mail-In & Day of Race Registration: Adults \$35,
Child (12 & under) \$15

Discounted rates ONLINE only: bit.ly/1CVIpx9

Adult T-shirt size (circle) S M L XL XXL
Child T-shirt size (circle) Child Small Child Medium Child Large

Signature: _____
Date: _____

Signature of Guardian (if under 18 years of age): _____

**FOR REGISTRATION TO BE COMPLETE,
THE WAIVER ON THE BACK SIDE OF THIS
FORM MUST ALSO BE SIGNED.**

**Or register online at:
bit.ly/1CVIpx9**

Internal Use Only

Amount Paid: _____ Tender Type: _____
Accepted by: _____ Entered by & Date: _____

We cannot honor
refunds--your entry fee
will help a worthy cause.

CURRENT SPONSORS



SPENCER DANIELS AGENCY
A CUTTING EDGE EVENT SERVICES COMPANY

2014 proudly featured 100+ sponsors.
To join us, contact run@allysonwhitney.org

**4th Annual
Allyson Whitney
5K Run/Walk**
Supporting Young Adults
With Rare Cancers

**Mother's Day
Weekend**

**Saturday
May 9, 2015**

2015

ALLYSON WHITNEY 5K

**Kauneonga Lake
Firefighter's Pavilion**

3594 New York Route 55
Kauneonga Lake, New York



ALLYSON WHITNEY
FOUNDATION

www.allysonwhitney.org

Registration opens at **8:00AM**
Run/Walk begins at **10:00AM**

Lace up those sneakers, get a few pledges and run/walk with us at the 4th Annual Allyson Whitney 5K on Saturday, May 9th.

Enjoy scenic Kauneonga Lake and the benefits of the outdoors while supporting the **Allyson Whitney Foundation, Inc.** Help us give young adults with rare cancers a helping hand with 'life interrupted' grants & contribute to innovative research studies.

REGISTRATION FEES

Mail-In Registration:

Adults \$35, Child (12 & Under) \$15

Discounted rates available **ONLINE:**
bit.ly/1CVIpx9

Run or Walk for Pledges

Gather pledges and **raise money** for your run! Ask your friends, family & colleagues to sponsor your race. **No amount is too small!**

Prizes awarded pledge amounts of \$300 and up.

Join the Allyson Whitney 5K team on Crowdrise and create your own fundraising page at **www.crowdrise.com/2015AWF5K**

If collecting cash pledges, bring them to **Race Day Registration**. Record pledges on any paper, but include the following:
Race Participant, contributor name, and amount.

Please make all checks payable to:
Allyson Whitney Foundation, Inc.

Memo: Allyson Whitney 5k, Participant Name

The Allyson Whitney Foundation, Inc. is a 501c3 non-profit organization that empowers and fights for the interests of young adults with rare cancers. The charity primarily provides individuals with grants to ease their financial burden so that they can concentrate their energy on healing.



ALLYSON WHITNEY
FOUNDATION

Race will also feature:

Paid registration wristlet includes: Pre-race breakfast &

Zumba warm-up, Post-race Awards Ceremony & BBQ lunch, as well as complimentary face painting, massages for donation,

Delete Blood Cancer Bone Marrow Swabbing, Sullivan County Cancer Screening.

Purchase OFFICIAL AWF merchandise on-site.
All Credit Cards Now Accepted

Down with the cause, but not the 3.1 miles? Help us by volunteering! Sign up to volunteer: bit.ly/1Ke0N2K

Can't make it to the event, but want to DONATE to the cause? HERE'S HOW:

- ↑ Checks can be mailed to Allyson Whitney Foundation, Inc.
- ↑ Contribute to one of the fundraisers at Crowdrise.com
- ↑ Donate directly to us on our website (allysonwhitney.org)
All donations are tax deductible

For more information, please contact:
run@allysonwhitney.org or info@allysonwhitney.org

RELEASE AND WAIVER OF MEDIA, LIABILITY, ASSUMPTION OF RISK AGREEMENT

In consideration of your accepting this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release all rights and claims I may have against the Allyson Whitney Foundation, Inc., Kauneonga Lake Fire District, Kauneonga Lake Fire Department, Town of Bethel, County of Sullivan, State of New York and any and all sponsors, their representatives, successors, assignors, employees, volunteers & members. I will participate in this event as a foot entrant, I am physically fit and have sufficiently trained for the completion of this event, whichever I hereby apply for or both if I so choose. My physical condition has been verified by a licensed Medical Doctor. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, video (tapes), motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature of Participant: _____

Signature of Guardian (if under 18 years of age): _____

Date: _____

Cash Awards for the top 3 overall (running) finishers. Other prize awards will be given for the top 3 in the following (running) female and male age groups: 13-19, 20-29, 30-39, 40-49, 50-59, 60-over. Other prize awards will also be given for the top 3 female and male overall (walking) finishers.