



## What is the Stone Challenge?

The Stone Challenge is a test of strength and endurance in which you'll come to the mountain with a stone of your choice. Starting at the top of Point Peter, overlooking Port Jervis, you'll run down the mountain to retrieve your stone. Once acquired, you'll begin the difficult journey back to the top.

The Stone Challenge isn't meant to be easy. It's meant to be conquered.

THE CHALLENGE is 2.4 miles starting at the top of Point Peter. At the start, you'll have a 1.2 mile run down the mountain to your stone, then a 1.2-mile march back up the mountain while carrying your stone with nothing but your bare hands and the determination to be victorious.

## Race Info & Rules:

-Don't forget to DECORATE YOUR STONE! You'll have to pick your stone out of a line-up of 100+ others. You surely want to have it stand out so it's easy to find!

-Junior Racers (12 and under) must be accompanied by an adult during the race. The adult does not need to carry their own stone and CANNOT carry the racer's stone.

-All racers MUST carry a stone.

-Stones must be carried using your body only! (No straps, cables, bags, nets, etc.) That's why it's a challenge!

-Minimum stone weight is 5 lbs.

-Naturally formed stones only

-Race starts at 9am

-When all have finished, we celebrate! Closing ceremonies will be at approximately 11:00am

-Three medals will be awarded for each race (Challenge & The Provocation) in each category (Juniors, Women, Men)

And now we have more age brackets so even more medals!!!

~ Fastest finish

~ Heaviest stone (racer must finish)

~ Overall: Combination Heaviest Stone with Fastest Run

REGISTRATION: <https://zone4.ca/register.asp?id=35844&lan=1&cartlevel=1>

Full details on the website: <https://pistonechallenge.com/>

